

April 2020

Jaguar's in-house Quarterly Newsletter



HIGHLIGHTS

- ✂ **A note from Robbie Kitson, Associate Director**
A sincere thank you message from our Directors and Senior Management team for everyone's hard work over the past few months (pg. 2).
- ✂ **Introducing our Mental Health First Aiders**
We meet our Mental Health First Aiders and find out what helps them to relax and unwind (pg. 4).
- ✂ **'A Day in the Life' of Andrew Rowlands**
We get a glimpse into a day in the life of Andrew Rowlands, Roving Engineer at Jaguar (pg. 10).
- ✂ **Perks at Home!**
We have found some great Perks that can be accessed at home through your Perkbox account (pg. 15).

Pictured: The team at One Westferry Circus. **Top tier from left to right:** Dean Higgs, Site Manager; Domenico Camarda, Mechanical Technician and Stephen Shepherd, Electrical Technician. **Bottom tier:** Louise Cook, Assistant Building Manager; Ian Osborne, Senior Building Manager and Shannon Casey, Roving Administrator.

A note from Robbie Kitson, Associate Director

“ Welcome to the sixth edition of InSite. I would like to begin by saying on behalf of the Directors and our Senior Management team, how very proud we are of you all during these uncertain and unparalleled times. The Covid-19 pandemic is having a huge impact on every aspect of our daily lives and your resilience and resourcefulness has enabled us to continue to meet our customer’s requirements with minimal disruption. The dedication of our site-based teams and Head Office support has kept our buildings open and operational.

We are extremely grateful for your continued commitment and unwavering support. When this crisis passes, as it eventually will, I hope we get the opportunity to offer our sincerest thanks to each and every one of you. Keep well and stay safe.

”



Robbie Kitson, Associate Director

This edition includes some new advancements and achievements for us as well as our regular features. Firstly, we are pleased to introduce our **Mental Health First Aiders (MHFA's)**, who have all recently completed a course in MHFA in the workplace. The training was designed to manage health and wellbeing proactively, minimise the impact of mental health on our business and our people, and promote and maintain healthy workplaces. Our MHFA's are on hand to offer support to anyone who may need it. In March 2020, our Health & Safety department achieved the **RoSPA Gold Award!** Their hard work and efforts over the last 12 months has really paid off, congratulations! The **'Spotlight on a Site'** feature this quarter is One Westferry Circus. This is a well-established contract for Jaguar, which we have maintained for over 14 years! The on-site team have recently achieved an impressive score of 98% on our customers engineering audit. Congratulations to Dean Higgs, Site Manager, and his team. Our **'A Day in the Life of'** features Andrew Rowlands, Roving Engineer. Andrew has been with the business for almost 5 years and he offers some great advice for anyone wanting to get into the industry. We received a total of 22 nominations over the last

3 months through our **'Employee of the Quarter'** scheme. Well done to all the nominees, you can find the winners and runners up on page 16. Keep up the good work!

'An InSite into our Community Onsite' features on what you have all been up to during these unprecedented times. We also have an update from the Danson Runners who have combined their enjoyment for running with fundraising for their local community, raising much needed funds to the Greenwich and Bexley Hospice - a truly worthwhile cause. Please do continue to check your emails for new benefits from our private health provider, **Vitality**. They are always refreshing their offers, and many of their latest promotions can be accessed from home. Additionally,

Vitality have recently partnered with Big White Wall. Big White Wall is an award-winning online mental health service which provides support and guidance and is free to use. There are also some **great new perks from home** for you to enjoy, Perkbox is free to all of employees so please take advantage on what is on offer.

This edition includes some new advancements and achievements, as well as our regular features

New
Buildings
January -
April 2020

Over the last quarter, we
have competitively tendered
and secured 3 new buildings
covering over 1.4 million ft²

Business update

One Embassy Gardens, SW1



Jaguar were awarded a 12-month contract to deliver hard services at One Embassy Gardens. 1EG is the flagship building within the development portfolio, covering 215,000 ft².

50 Bank Street, E14



50 Bank Street is located within the heart of Canary Wharf and overlooks Jubilee Place. The contract commencing in April 2020 will be led by Account Manager Ian Fairley and a team of six site-based staff.

Television Centre, W12



Jaguar were appointed by Savills for a three-year hard services contract at the Television Centre in White City. The contract includes the estates signature Courtyard and Grade II listed Apartments.

Re-tender success at Kings Place, N1



We are pleased to announce that following a competitive re-tender process, Jaguar were awarded a new three-year M&E contract at Kings Place. The 500,000 ft² building is an open, multi-arts venue combined with seven floors of office space and restaurant facilities.



In March, we achieved the Gold RoSPA award for our health & safety operation!

Louise Davies, Health and Safety Manager commented:

“Over the last 12 months, we have taken significant measures to enhance our H&S practice and we are very proud at everyone’s continued dedication towards improving safety across the

organisation. Our employee’s safety is at the forefront of everything we do, and this award is testament to our approach in keeping people safe at work.”

Steve Jackaman, Operations Director said:

“This is a fantastic achievement for the business. Congratulations to our Health & Safety team for their hard work on Jaguar’s H&S management system throughout 2019 and thank you to all of our colleagues for helping us achieve this award.”

Introducing Jaguar's Mental Health First Aiders



We are very pleased to announce that we now have 11 trained Mental Health First Aiders at Jaguar.

As an organisation, Jaguar Building Services have been working towards getting a better understanding of our overall mental health and wellbeing. Mental health can strike at any time and can affect people from all walks of life.

Although things are improving, stigma still exists around mental health and as a society, we don't tend to know how to take care of our mental health like we do our physical health. This means that people may not know how to support a friend, family member or colleague experiencing a mental health issue, or where to go for support with their own mental health.

Jaguar's Mental Health First Aiders have been introduced to help tackle this stigma and to provide support for those who need it.



So, what can our Mental Health First Aider's assist you with?

In general, the role of a Mental Health First Aider in the workplace is to be a point of contact for an employee who is experiencing a mental health issue or emotional distress. This interaction could range from having an initial conversation through to supporting the person to get appropriate help.

Our Mental Health First Aiders have been trained to assist with a variety of issues, including providing support and guidance for people with, stress, depression and many more mental health issues. Their aim is to help empower people to access the support they might need for recovery or successful management of symptoms. This could include self-help books or websites, accessing therapy services through their GP, their school or place of work, online self-referral, support groups, and more.

Some things to look out for in yourself and your colleagues...

- Being more anxious or irritable than normal
- Disrupted sleep – sleeping too little or too much
- Isolation – not socialising or going out and doing things they use to enjoy
- Confused thinking or lack of concentration
- Feeling extremely sad or low
- Change in eating habits – either lack of appetite or increased hunger.

Mental Health Awareness Week - 18-24th May 2020

Mental Health Awareness Week will take place from the 18-24th of May. Look out for Jaguar's mini magazine in support of raising awareness of mental health within the workplace. We will be including some external support sources and additional tips on looking after your mental health.

We now have 11 Mental Health First Aiders throughout the organisation and will be looking to train more over the next 12 months.

We had a chat with some of our MHFA's to find out a little bit more about them...

Louise Davies, Health & Safety Manager



What helps you to relax?

I love to listen to music to help me relax and unwind.

What one thing do you like to do in a day that makes your whole day happy?

Snooze the alarm for 5 more minutes sleep...!

Best advice you've ever been given?

Don't fear failure. Fear being in the exact same place next year as you are today!

Liza McGuigan, Associate Director & Head of Finance

What one thing do you like to do in a day that makes your whole day happy?

Helping someone else, whether it's one of my daughters, a person at work or a stranger on the street, helping others gives you a good feeling – everyone should try it!

What helps you to relax?

A good TV show – 'Better call Saul' is a current favourite.



Edward Spencer, Business Unit Head



Best advice you've ever been given

Be non-judgmental and treat others as you would like to be treated.

What one thing do you like to do in a day that makes your whole day happy?

I would have to say, doing something nice for somebody else.

What helps you to relax?

I have quite a few hobbies, so listening to music and playing guitar help me to relax.

Sara Jordan, Senior Human Resources Advisor

Best advice you've ever been given?

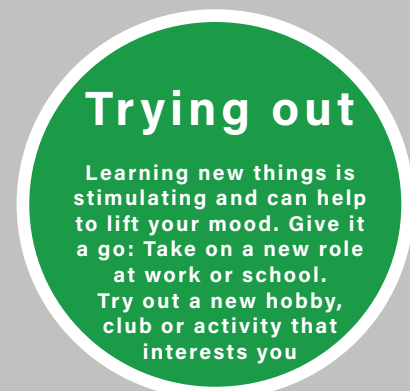
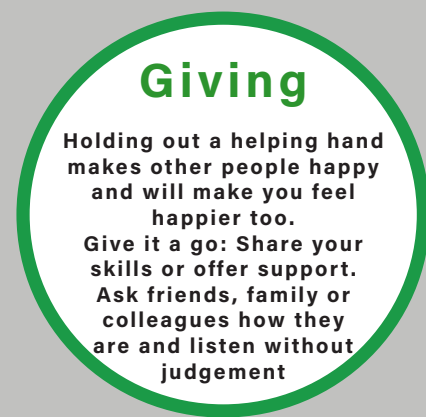
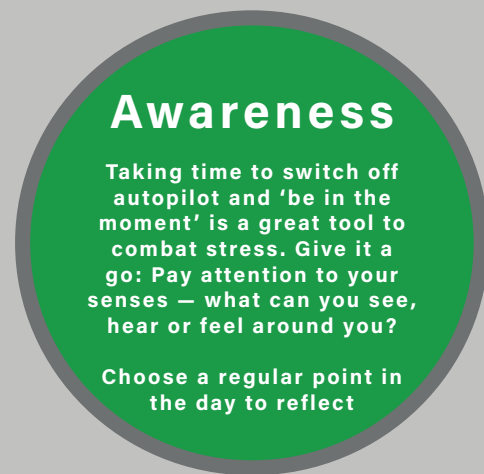
Don't sweat the small stuff. 'Easy come, easy go'.

What helps you to relax?

I watch trashy TV to help me relax – preferably with a glass of wine after the kids have gone to bed!

Favourite film/book/series?

I'm a recent convert to 'Game of Thrones' - it was such a good binge watch!



Our contact details...



We have provided you with our **Mental Health First Aiders contact details**, so please keep them handy. **Please also be aware all MHFA's use a badge on their email signature.**



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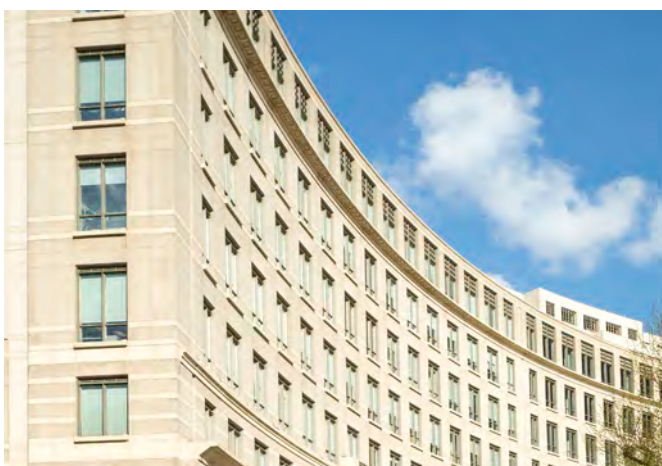
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Spotlight on a Site: **One**

Westferry Circus

One Westferry Circus has been part of Jaguar's portfolio for 14 years. We met the team and the building management on-site behind the scenes...



The on-site team is made up of Dean Higgs, Site Manager; Domenico Camarda, Mechanical Technician; Stephen Shepherd, Electrical Technician and Shannon Casey takes care of the onsite admin.

The team have a combined total of an impressive 22 years at Jaguar, with Domencio taking first place as the longest serving member with 11 years and 3 months under his belt! The team were nominated for the most recent 'Employee of the Quarter' award by the building's management team Ian Osborne and Louise Cook for an excellent audit score.

The site has changed a lot over the years, and Luke Poole, now the teams Account Manager used to work in the building, starting as an Engineer, eventually progressing to Site Manager. Sally Burton and Chris Howlett, now both Account Manager's at Jaguar were once also part of the One Westferry Circus team!

Roger Starling, Senior Account Manager commented: "The team at One WFC have received very positive feedback from our customer, and it's fantastic to see that they have been recognised for their dedication and commitment."

It was a pleasure to meet the team who clearly work very hard to keep the building maintained to the very highest of standards.



Building Facts

Client: Helix Property Advisors

Square Footage: 230,000 ft²

Number of floors: 13

Size of team: 4

Staff coverage: 7am to 5pm Monday to Friday

Generators: 3 x FG Wilson / Detroit 2 x 937kVA & 1 x 740kVA

Electrical Supply: HV/LV



Get to know the Team: Quick Fire Question Time

What was your first job?

Dean: I worked as an Appreciate for Kwik Fit

Shannon: I started my career as a Nursery Nurse

Where's your favourite place in the world?

Dean: Florida

Shannon: My favourite place in the world has got to be Marbella

What's the last series you watched?

Dean: 'Friday Night Dinner'

Shannon: 'Vampire diaries'

What's your favourite way to unwind after a busy day?

Dean: Kick back and chill!

Shannon: Warm bath, comfy PJs, takeaway and watching Netflix!

If you could trade places with anyone for a day, who would you choose?

Dean: David Beckham

Shannon: Michelle Keegan!



Introducing the team at One Westferry Circus. From top left to right: Top tier from left to right: Louise Cook, Assistant Building Manager and Ian Osborne, Senior Building Manager; Dean Higgs, Site Manager; Shannon Casey, Roving Administrator Domenico Camarda, Mechanical Technician and Stephen Shepherd, Electrical Technician



'A Day in the Life' of Andrew Rowlands, Roving Engineer



Since working as a Roving Engineer, Andrew has visited over 20 Jaguar sites including The Landmark, Centre point, Devonshire House, Royal Albert Dock, Victoria House, The Heron and St Magnus House

Andrew has been working for Jaguar for almost five years.

We had a chat to find out what it's like to be a Roving Engineer, and what advice he would give to someone looking to get into the industry...

How did you get into the building services industry?

I grew up on the mines in South Africa and completed an apprenticeship to become an Electrician. When I arrived in the UK, I worked at Christies Auctioneer House, which was very interesting, and I got to see the many fascinating goods on auction! I also worked at the National Portrait Gallery, which was great because of both the historical and the new exhibits that I could wander through as part of my work. Throughout

my career, I have also been part of some huge builds, including the Olympic Stadium, Morgan Stanley at Canary Wharf and (I am proud to say) my name is on the plaque at Heathrow Terminal 2!

On completion of Heathrow, I returned to agency work. One of the buildings I was sent to was part of Jaguar's portfolio, and this is where the opportunity to work for Jaguar Building Services came about.

What is a typical day for

you?

I do not have a fixed site which means, no day is 'typical.' As a Roving Engineer, I go where and when I am needed, and I am involved with the daily running of most sites. This includes completing statutory PPM's and also helping out and completing any reactive tasks for the building.

There is also always the prospect of dealing with a potential emergency which could be anything from a flood, to a power failure.

My years of experience in the industry have proven that prevention is better than cure and I make sure that plant checks are thoroughly completed to prevent any such occurrence.

Getting to experience a lot of different sites means that I get to use my 'people skills', which I also enjoy!

What do you enjoy most about your job?

I have been with Jaguar Building Services for almost five years now and getting to know the people at various buildings has been a pleasure. I enjoy going to new sites as I like seeing the different architectural designs.

I also find learning about the functions and workings of the different buildings extremely interesting.

I like working with different personalities and accommodating them in order to build new relationships.

What advice would you give your younger self?

I would say, even though I have endeavoured to work through the many stresses that life can sometimes bring, I have sadly missed opportunities because of over thinking/ worrying. So, the advice to my younger self would probably be, "Do not entertain bad things that MIGHT happen for too long because they more than likely will NEVER happen!"

What advice would you give someone who would like to be a Roving Engineer in the industry?

Firstly, I am a strong believer that you must work hard to find common goals with work colleagues which improves productivity and the overall enjoyment of the job.

Secondly, over the years I have found it very helpful to make notes on the new buildings that I cover and because I do

this, returning to them is much more manageable.

What do you like to do in your spare time?

Recently, due to the current situation in the UK, I have started a YouTube channel to encourage people during these difficult times. The channel is named, Andrew the Encourager. Please do tune in if you get the chance! I also enjoy partaking in various charity events. Some of my most recent activities for charity have included a hike for Food for The Hungry UK, and I also ran the London Marathon to raise money for The Samaritans.

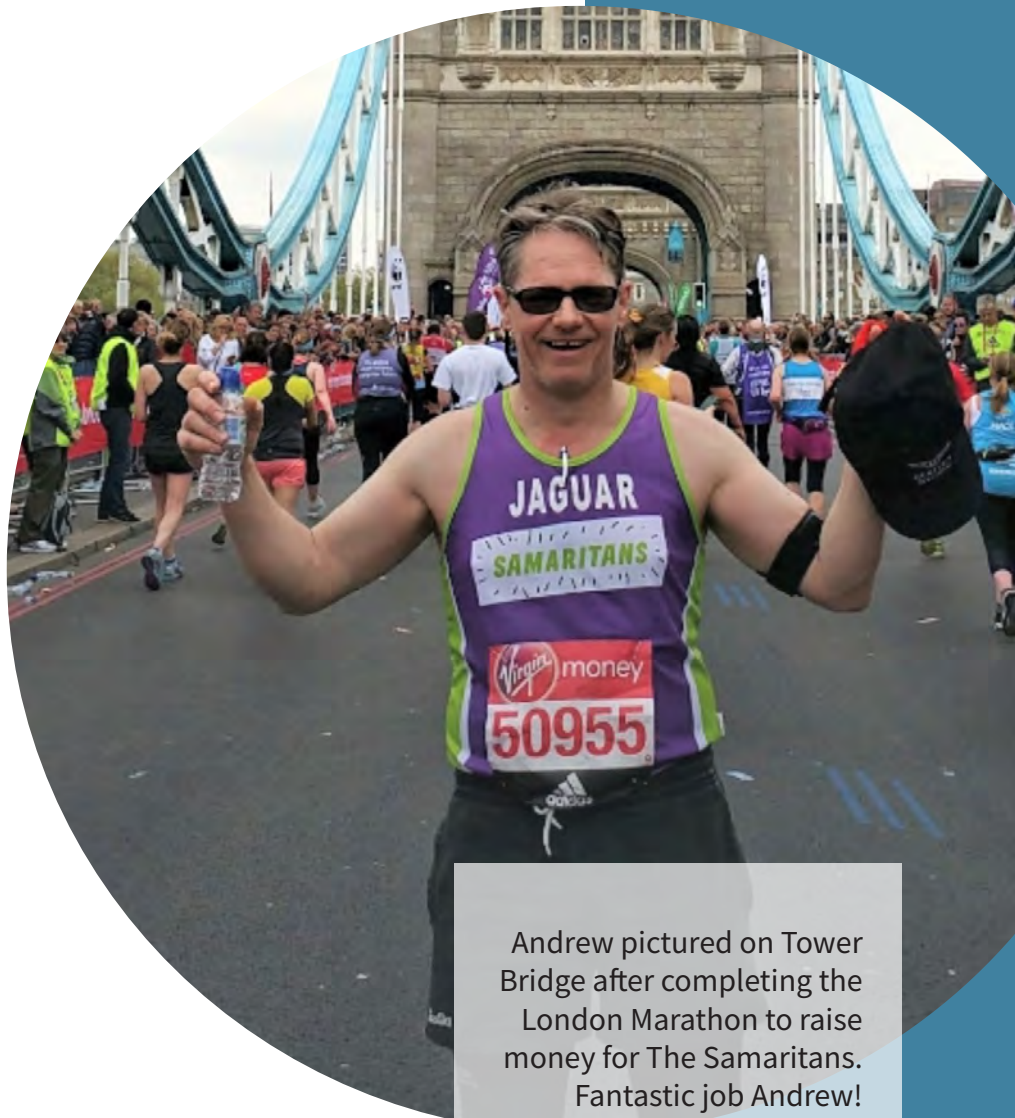
Andrew's YouTube channel can be found via the following link:

<https://www.youtube.com/watch?v=EkgMvS4yxb4>.

We would like to say a sincere thank you to all of our Roving Engineers in the Blue, Green and Red teams.

You have continued to maintain Jaguar's portfolio throughout this time, ensuring minimal disruption for our customers.

Thank you for your commitment.



Andrew pictured on Tower Bridge after completing the London Marathon to raise money for The Samaritans. Fantastic job Andrew!



**Jaguar Projects Team
Contact:
07989 206 759**



JAGUAR
PROJECTS DIVISION



Latest Case Studies

Here's some of our recent case studies...

CASE STUDY - Warwick Court

Description of Works:

BMS Upgrade

Project Duration:

16 Weekends

The Project:

The project consisted of a full upgrade of the existing outdated BMS controllers, incorporating all landlord and tenant's equipment throughout the building. Our Projects team also installed a new head end system with fully functional graphic pages. This has enabled the site engineering team to be able to monitor the building more effectively, and also allows for a much speedier response to any issues.



CASE STUDY - 33 Cavendish Square

Description of Works:

AHU Motor Replacement

Project Duration:

10 weeks

The Project:

The Projects team were instructed to undertake the replacement of two rooftop supply air handling unit fans at 33 Cavendish Square. With local authority approvals for crane lifts advised at 14 weeks, an alternative solution was sought. Through careful planning and involvement with various service delivery partners an alternative means of manoeuvring the fans was found.

The new fans were successfully lifted through the building and into final position, with fresh air restored to the building in a timely fashion.



Our latest Project wins:

Client: Merchant Square Management

Site: 5 Merchant Square

Description of works:

External Supplies
Switchgear Upgrade
MB1+MB2

Project Duration:

12 Weeks

Client: Peldon Rose

Site: 6th Floor, Belgrave House, Victoria, London

Description of works:

Full BMS & 4 Pipe Fan Coil
Replacement of 115 units

Project Duration:

16 Weeks

Our Projects team are continuing to complete and take on new Projects throughout the current period. If you would like to get in touch, email Richard George on: rgeorge@jbs-ltd.co.uk

Our Health & Safety Champion

We are pleased to announce that even during these difficult times, we have been able to award a worthy winner for this quarters Health and Safety Champion. This quarters winner is Garry Price, Account Manager for the Red Team.

Garry was nominated for his hard work and contribution to ensuring the health and safety of the employees and sites under his control. Garry's detailed health and safety 6 monthly inspection reports are always completed to a very high standard and he ensures all corrective actions are resolved and all root causes are identified.

Well done and thank you Garry, a £50.00 gift voucher is on its way to you.



Anyone can be a workplace safety champion!

It could be a team member who has stopped unsafe working practices of others such as subcontractors, or a colleague who has effectively handled an emergency situation.

The winning nominee will receive a £50 gift voucher.

To nominate a champion please email:

ldavies@jbs-ltd.co.uk

Health & Safety update

ISO 45001

This year Jaguar Building Services are working towards migrating from ISO 18001 to ISO 45001. ISO 45001 is the latest ISO standard for management systems of occupational health and safety. The goal of ISO 45001 is the reduction of occupational injuries and diseases, including promoting and protecting physical and mental health. The structure of ISO 45001 is based on the same framework used in



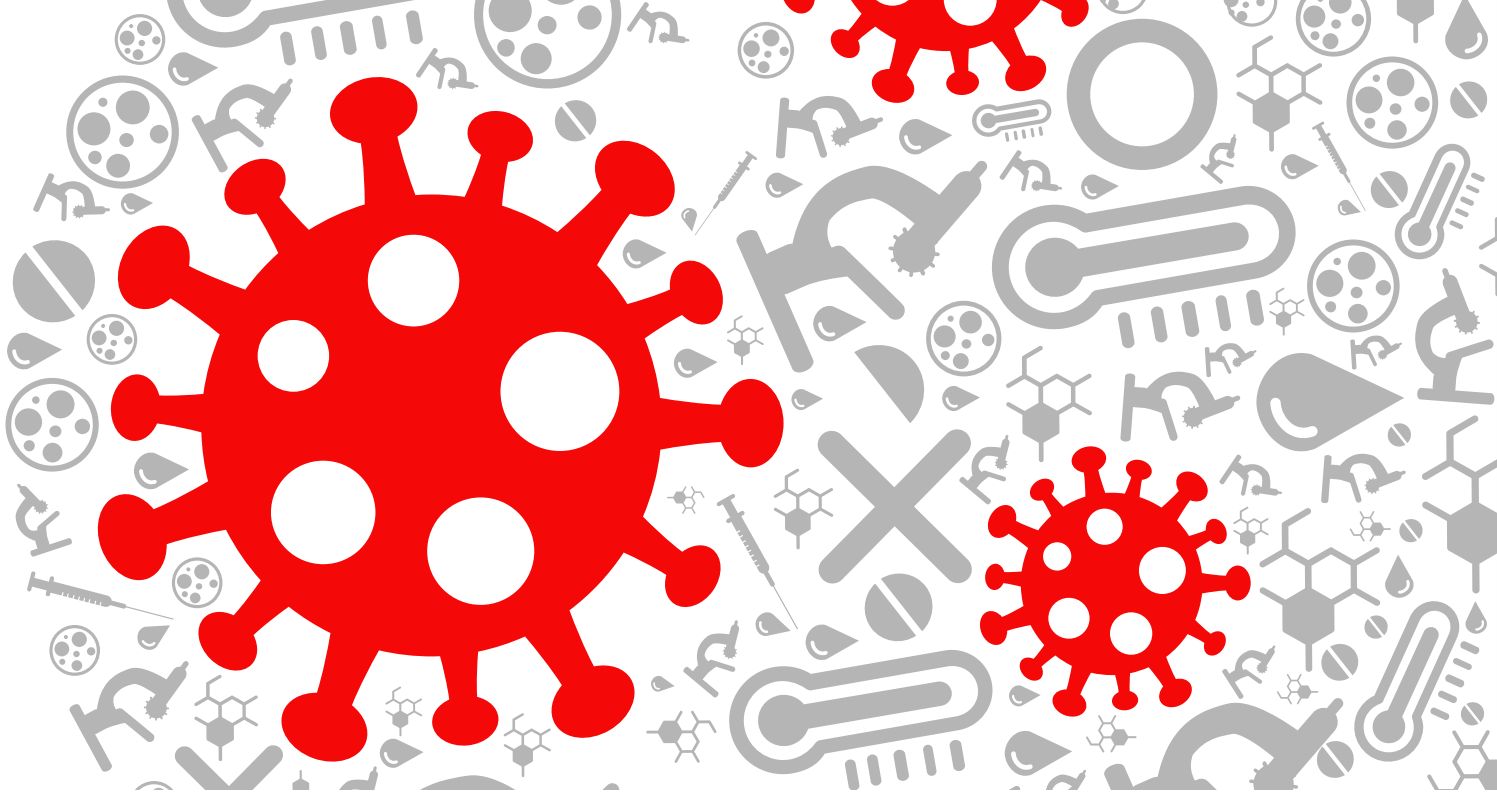
other ISO standards such as 9001 and 14001. With this in mind we have taken the decision to invest time and resource in creating one system that covers all three ISO standards.

With international recognition and an ongoing commitment to improvement, migrating to ISO 45001 represents our commitment to following the best standards in workplace safety.

COVID-19 Inspection Checklists

We would like to take this opportunity to thank our Site Managers who have completed and returned the COVID-19 inspection checklists.

We will be continuing to evaluate the results of these over the next few weeks, and will take any action that is required to ensure the safety of our employees during this unprecedented time.



COVID-19

Jaguar Building Services have been continually evaluating the risk COVID-19 poses to our workforce. As an employer we have a duty to ensure the health, safety and welfare of our employees as far as reasonably practicable. I would like to ask that during these difficult times we keep health and safety at the forefront of our minds.

We are still responsible for ensuring the safety of ourselves and those who may be affected by our actions.

If staff are working at alternate sites, site inductions should be completed and recorded to ensure they are aware of all site-specific hazards and key safety information.

Managers should also be mindful of their teams working hours and break times must still be adhered to.

If you have concerns regarding health and safety, please feel free to contact me directly on:

07876 234 762
Louise Davies, Health and Safety Manager.

We would like to encourage everyone to continue to follow the governments advice to help stop the spread of this virus:



Do not touch your eyes, nose or mouth if your hands are not clean



Wash your hands as soon as you get home



Wash your hands with soap and water often - do this for at least 20 seconds



Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze



Put used tissues in the bin immediately and wash your hands afterwards



Use hand sanitiser gel if soap and water are not available

Perks at home

FREE 24/7 Employee Assistance Programme

The Health Assure Portal that can be accessed from home whenever suits you...

- 24/7 confidential helpline
- Critical incident and trauma support
- Online health portal – a comprehensive library of wellbeing information



What is the Health Assured Perk?

Life is not always smooth sailing, and having someone to talk to can certainly help. That's why we've partnered with Health Assured, bringing you the UK and Ireland's largest Employee Assistance Programme (EAP) provider. You'll find a wealth of information and advice on topics such as anxiety, depression, debt, legal issues, bereavement and relationships.

What's included?

Our EAP offers a suite of wellbeing services so you'll receive the best support in your time of need. You'll also have access to Health Assure's monthly newsletters and webinars filled with helpful advice and guidance. If you speak with Health Assured over the phone, make sure you quote Perkbox.



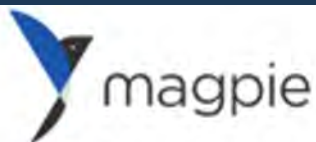
And there's plenty more you can do from home...



Rakuten TV

Special Rates

Already completed Netflix? Not to worry, Perkbox have got your back! Stream any film worth £3.50 in standard definition from Rakuten TV for just £2! Rakuten TV's massive library of titles can be streamed straight to your computer, smartphone, tablet or connected TV. Note: Please apply your code to the website first if you want to watch on the app.



magpie

FREE

Personalised professional development at your fingertips. Learn exactly what you need to take your career to the next level. Magpie brings the best gems from all across the web into one place so you can learn the skills you need to take control of your career. Let Magpie do the hard work so you can get better at yours.



Busuu

50 % OFF

Speak a new language in 10 minutes a day. Created by expert linguists, Busuu uses machine learning technology to teach Spanish, French, Italian, German, English, Chinese and six other languages. Join today and connect with 90 million other users already learning a new language. You'll be fluent in no time!

Have any questions? You can contact Perkbox's team directly on via email at help-me@perkbox.co.uk.

Employee of the Quarter

Our Winners



This quarter, we have several teams and individuals who have been recognised for going above and beyond for their sites. Congratulations to both our winners and our runners up!

Thank you once again for voting! It is quick and easy to vote for a colleague and recognise them for doing a fantastic job or making a difference to the building you work in!



Dean Higgs, Site Manager; Domenico Camarda, Mechanical Technician; Stephen Shepherd, Electrical Technician and Shannon Casey, Roving Administrator at One Westferry Circus

The One Westferry Circus team received high praise for their excellent audit score in February, achieving 98%! Our customer, Helix, also recognised the team for the overall high standard of maintenance that is completed on site. Well done!



Alberto Ramo Site Manager and David Jennings, Electrical Technician at Knightsbridge Estate

Alberto and David have been nominated by their building management team for going the extra mile during these difficult unexpected times. They have both made additional efforts to ensure that the PPM and UK Health and Safety requirements are in line for our customer during the current unprecedented changes. Great team work!



Darren Stevens, Site Manager at St Magnus House

Darren has been recognised for his innovative problem-solving skills and for going above and beyond for the tenants within St Magnus House. His support has been acknowledged by the buildings occupants, who have taken the time to write to Darren's management team. He also recently managed to save an auditors wedding ring, who had accidentally dropped it down the sink. Fantastic stuff Darren!

Our Runners up



Danny McGarvey, Technical Services Manager at the St Botolph Building

Danny was nominated by our Accounts Team as he challenged a supplier's mistake resulting in a £2,000 credit note!

Our Accounts department had a query regarding a rejected invoice, and Danny responded in detail to advise why it had been rejected, and went even further by engaging directly with the supplier, copying the Accounts team in at every stage until resolution was reached.

It is a perfect example of best practice from a Site Manager.

Thank you, and well done Danny!

Our second runners up are the Paddington Central Estates Team:

Vernon Alphonse, Site Manager; Norbert Giermaziak, Supervisor; Julie Smith, Contract Support; Peter Russell, Lead Engineer; Graeme Storrie, Lead Engineer; Lukasz Feshchyn Lead Engineer; Jak Philip, Electrical Maintenance Engineer; Pawel Możdżeruk, Maintenance Engineer; Boris Montano, Handyman; Janis Strautins, Site Engineer; Gabriel Rebelo, Electrical Engineer and last but not least, Harry Shelton, Improver

The team at Paddington Central Estate received an outstanding score of 100% during an unscheduled technical compliance audit report. The whole team always give their best efforts to any given task and so Account Manager Danny Howell put them all forward for a nomination. Fantastic work guys.



The Nominees

- Nikolay Kukov, Site Supervisor at The Guardian
- Darrin Walker, Shift Leader - Mechanical Technician at Berkeley Square House
- John-Paul Kenneally, Roving Electrical Shift Technician for the Green Team
- Alfie Webb, Apprentice at Lloyds of London
- Jade Stevens, General Administrator at Head Office
- Andrea Harris, Administrator at Lloyds of London
- Charlie Gates, Apprentice at Lloyds of London
- Craig Goodbody, Handyman at Alphabeta Building
- Graeme McSorley, Account Manager at Head Office
- Christopher Heath, Site Supervisor at One Carter Lane
- James Ellis, IT Manager at Head Office
- Mike Berry, Site Manager at Ibex House
- Ian Etherington, Electrical Technician at Park House

Voting has now re-opened! Please vote through our online survey tool at:

www.surveymonkey.com/r/SH3JQVX

Please submit all nominations by 15th July 2020 for your vote to be counted.

We've all had some major life changes over the past couple of months. So, we thought we would share some light-hearted news on our InSite into our Community OnSite page. Our personal favourite feature is Albus the Bearded Dragon... Jaguar's newest colleague. We're not sure that we have a uniform that will fit him though!

An InSite into our Community OnSite

Lily the King Charles Spaniel has been disturbing her owners who are working from home with some very loud snoring! Owned by **Lauren Jackaman, Health and Safety Administrator.**



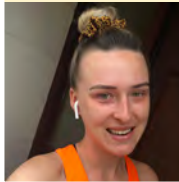
Nothing much has changed for **Elvis the Sail Fin Molly**, but he is certainly liking the extra attention (and additional food supplies) from his owner who is working from home. Owned by **Edward Spencer, Business Unit Head.**



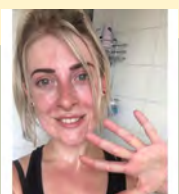
Introducing Ziggi the Pug and Albus the Bearded Dragon! Ziggi is pretending to be snoozing and is most definitely avoiding another walk around the block! Albus the Bearded Dragon is currently loving life at home. Both owned by **Ian Etherington, Engineer at Park House**



Our 5k Runners



Grace Roberts, Operations; Jenny Graham, Lead CAFM Supervisor; Amy Marchant, Accounts Assistant and Bebe Ray, Mobilisation & Contracts Administrator have all completed a 5k run in the last month to raise money for Run for Heroes. The Run 5K, Donate £5 & Nominate 5 people on your social to do the same has raised over £5,000,000.00 so far! All proceeds are going to NHS Charities Together who's mission statement



is to support the welfare and the wellbeing of NHS staff as they fight COVID-19. If you would like to take part, visit <https://uk.virginmoneygiving.com/RunForHeroes>.

Chris Cook completes 26.2miles!



Chris Cook, Site Manager at Moor Place ran 26.2 miles over the weekend to raise money for Children with Cancer UK. He has managed to raise a total of over £3,000 for the charity! Chris said:

"I am so glad I took on the challenge, it was one of the most rewarding things I've done. I'm really happy with achieving 3 hours 20 minutes and more importantly how good I felt up until 22 miles. For the first time at taking on this distance I'm taking a lot of positives into October's London Marathon!" Fantastic work Chris, a great achievement!

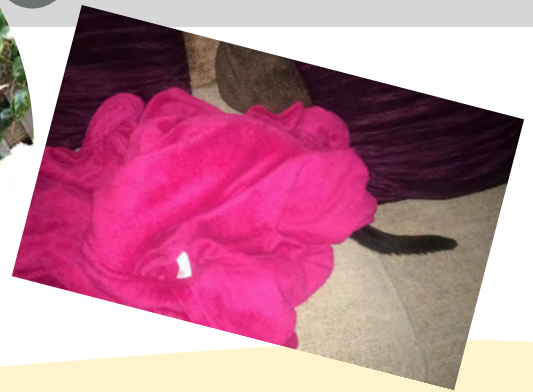
Natalie's live shows in support of the NHS

Natalie Keel, Administrator at Allen & Overy has been raising money for NHS Charities Together through performing music sets on Facebook Live! The streams are completely free to join, 100% interactive and she also squeezes in as many requests as she can! Please tune in on Sunday's at 7.30pm if you would to attend a Sunday night gig from your sofa.



Jenny the cat has been sneaking around trying to get intel on Jaguar's business plan. We don't trust her! Owned by **Rebekka Gough, Publicity.**

When **Izzy the cat** isn't trying to sabotage her owner's plants by sunbathing on them, she is trying to win at playing hide and seek! What else is there to do when your owner is working from home? Owned by **Catherine Waite, General Administrator.**



The Danson Runners



The Danson Runners are doing an excellent job of bringing people together during lockdown with 'virtual running.' Their efforts even made it onto prime

time BBC news!

The Danson Running club is also continuing to raise money for Greenwich and Bexley Hospice (their partner charity) throughout this time, and as they managed to reach a total of £2,500, Jaguar decided to spur them on and matched their efforts taking the total raised to over £6,000!

Thank you to all of the runners for coming together during these difficult times.

In the Community



Peter Jefferies, Fabric Technician at City Point sent in a photo of his families support to the NHS with their window display. Lovely stuff!

Matthew Daniell, Fabric Technician at Allen & Overy and his family would like to wish everyone at Jaguar well. Throughout the lockdown, they have managed to plant fruit and veg seeds, keep up with home schooling and keep a tiny baby entertained! Matt is onsite 3 days a week, making sure One Bishops Square is still looking fresh and ready for everyone's return to work.





Enter Jaguar's competition to win
a £20 One4all voucher!
Good Luck!

WIN Your Chance to Win

Answer our technical question and submit your answer to Rebekka
by the 10th July 2020 via email to:

rgough@jbs-ltd.co.uk

Everyone can enter whether you are technical or non-technical! As long as you send the correct answer to the above email address, your name will be entered into a prize draw. The winner will be informed via email and announced in the next issue. Good luck!

January's Winner!

The correct answer to January's technical question: What item of equipment is commonly used to control the speed of an electric motor?

Answer: **Frequency Invertor or VSD (Variable Speed Drive).**

The winner of the prize draw was Peter Bryant, pictured right. Peter is the Site Manager at Beaufort House. Well done Peter!



April's Technical Question

How many contactors are there in a star-delta motor starter?

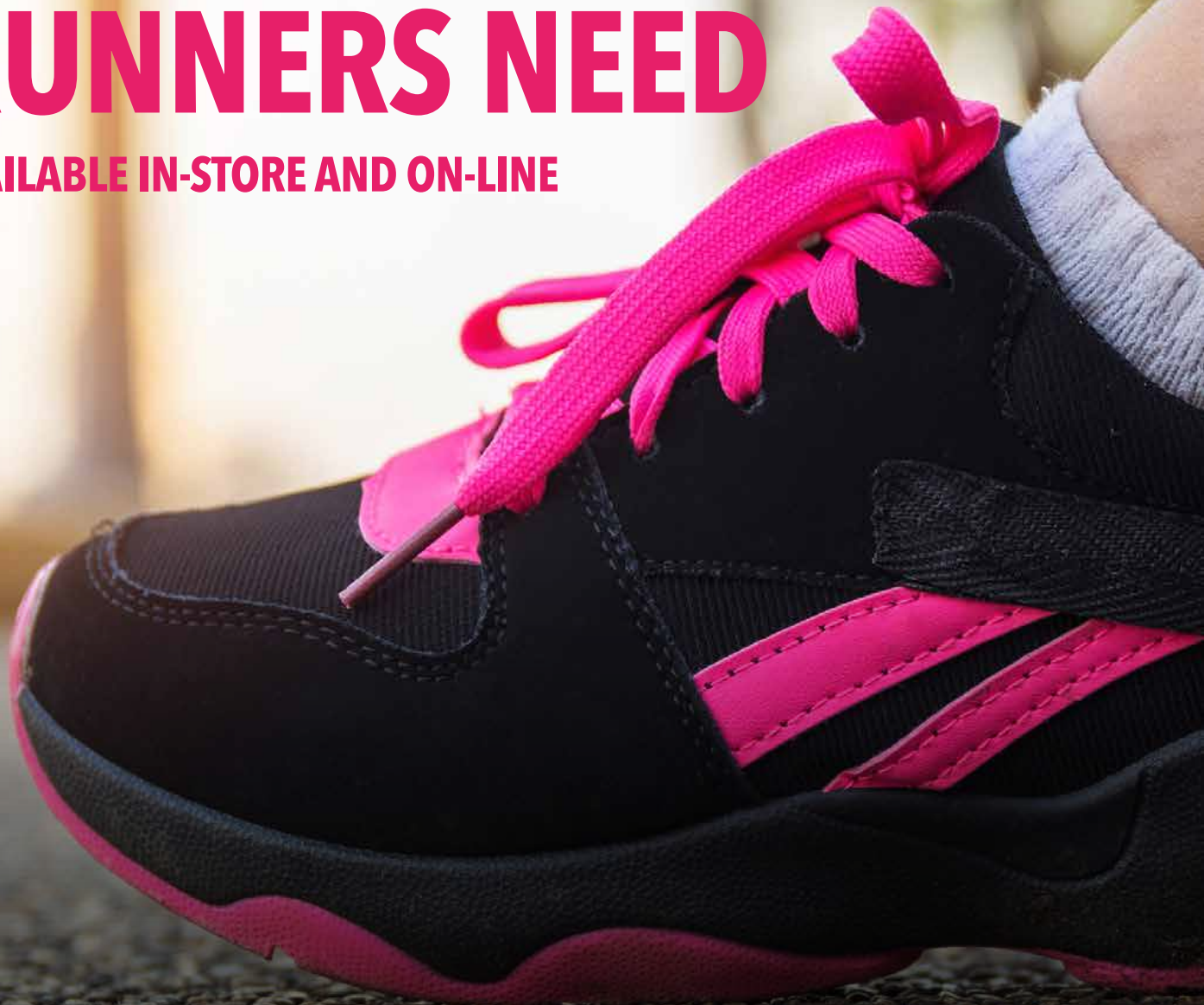
Spot the Difference!

Can you spot six differences between the two images below?



50% OFF A PAIR OF SPORTS SHOES AT RUNNERS NEED

AVAILABLE IN-STORE AND ON-LINE



Visit vitality.co.uk/member
for more details.

Offer applies to one pair of sports shoes per member per plan year. Terms and conditions apply see vitality.co.uk/member. Details correct as of October 2019. You can get 50% off a pair of running shoes with Runners Need on all VitalityHealth plans, except if you have Vitality Essentials as a part of a Business Healthcare plan, then you can get 25% off a pair of running shoes. VitalityHealth is a trading name of Vitality Corporate Services Limited which is authorised and regulated by the Financial Conduct Authority. Trust administration business is handled by Vitality Corporate Services Limited and this activity is not regulated by the Financial Conduct Authority.

Thank you everyone!



THANK YOU!

Thank you to everyone at Jaguar who took the time to send in photos of what they have been up to during this strange and difficult period.

It is fantastic to see a strong sense of community throughout the organisation. We look forward to hearing from you all ahead of July's issue.



The nation has been showing support to our NHS through a Clap for Our Carers every Thursday at 8pm. If you haven't already, get involved on Thursday's to show your appreciation!



Quiz Answers

Pictured below: Devonshire House, located in Mayfair W1. The building overlooks Green Park and The Ritz and has been a part of Jaguar's portfolio since September 2013.



Contact us

For regular updates, visit our website and follow us on Twitter & LinkedIn for our latest news and announcements:

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